

Where and what is Carroty Wood?

Why do we go?

Activities

Kit list

Medical

Travel

Catering

Tuck shop

Parent form



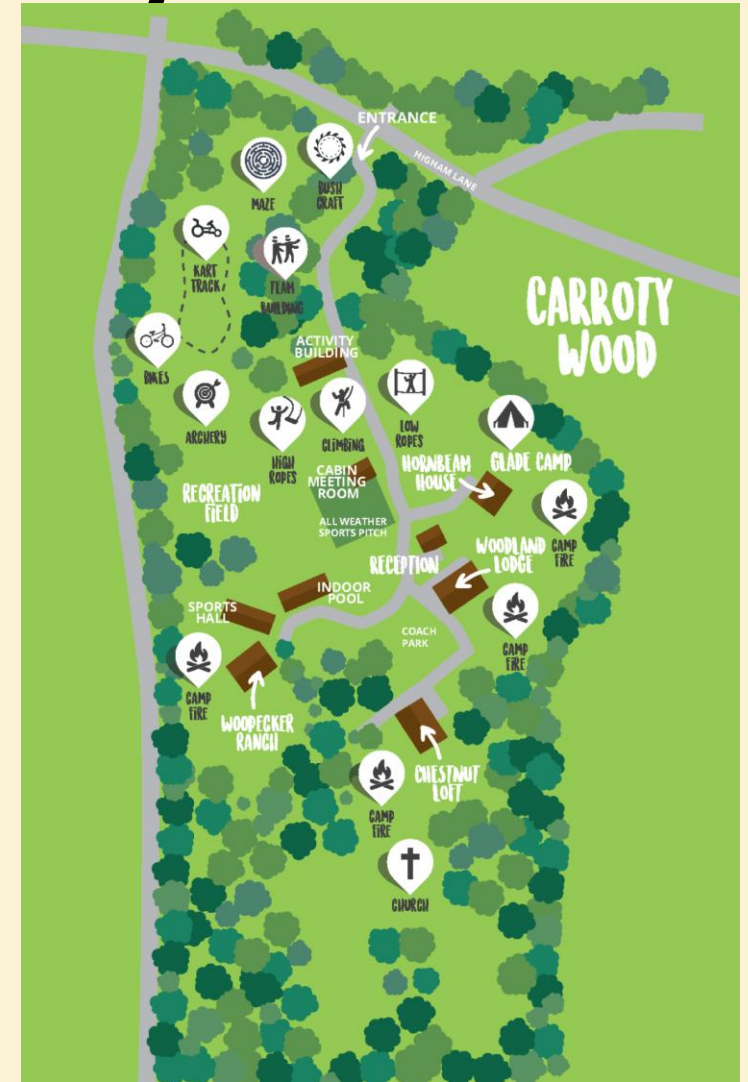
Where and What is Carroty Wood?

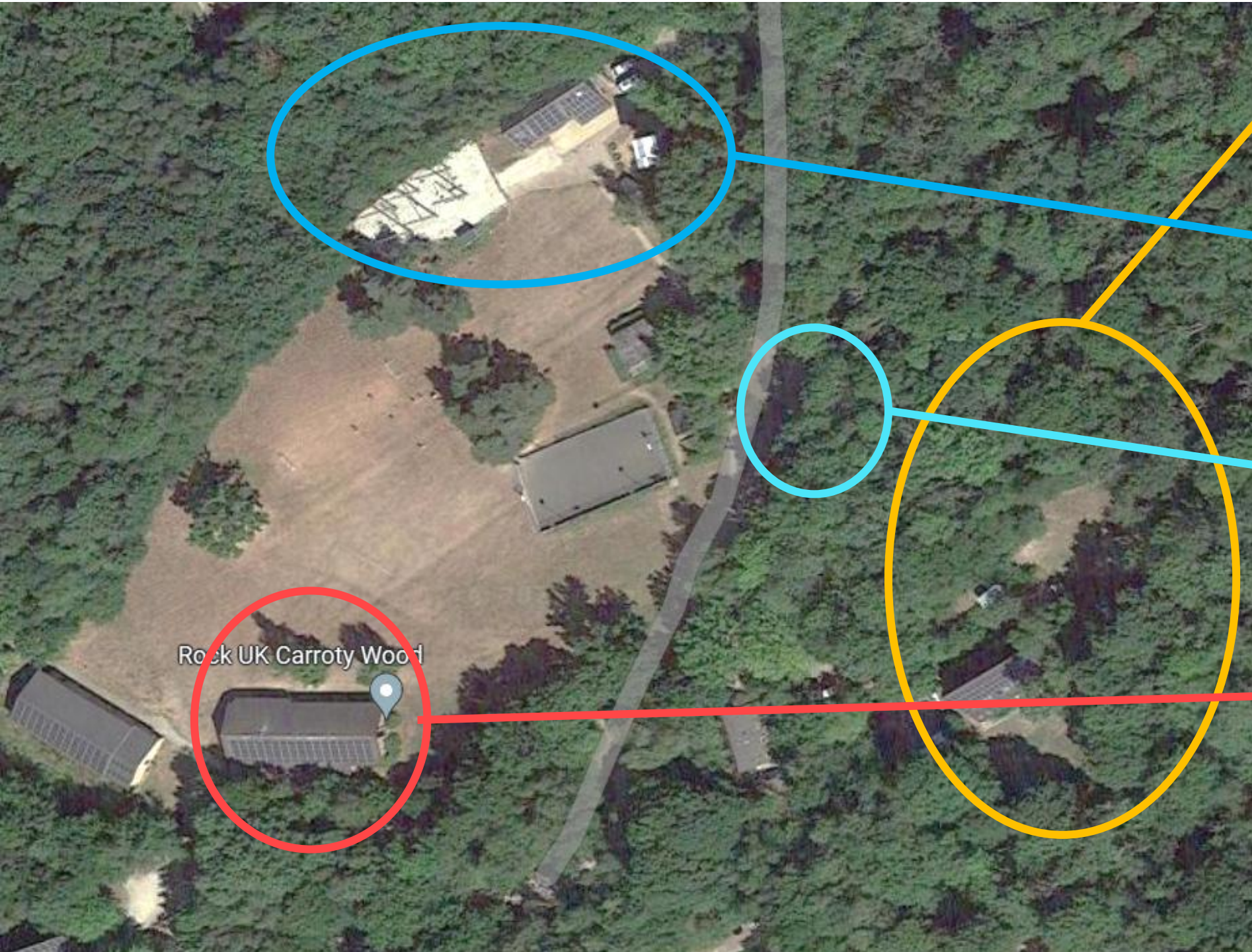
Carroty Wood is in a beautiful, rural location North of Tonbridge set in 58 acres of enclosed open space and woodland.

Roughly 45 minutes from Horley.

Carroty Wood is a specialist outdoor and adventure centre. The site offers multiple activities designed to challenge and inspire children to improve their resilience and bravery in a safe and fun environment.

<https://rockuk.org/centres/carroty-wood>





Our Lodge and campsite and part of the woodland.

Activity centre - High Rope and Bike/Canoe collection

Low Ropes Course

Swimming Pool and Tuck Shop

Safety

- Carroty Wood is incredibly secure
- It has CCTV and a perimeter fence surrounding the entire site
- All staff wear a uniform (bright orange) which is easily recognisable
- Any visiting adult or child will wear a wristband to indicate that they should be on the site



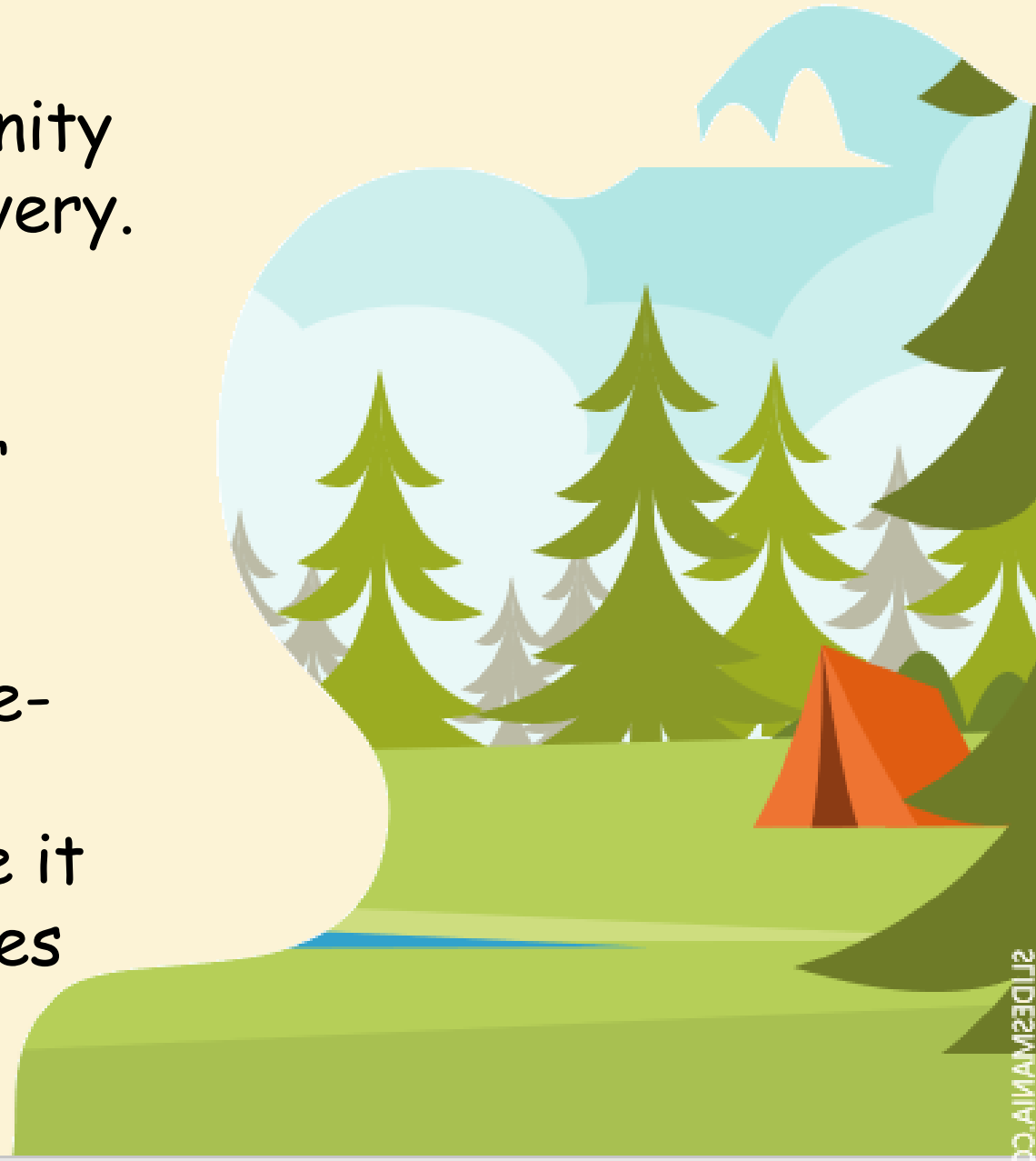
Why do we go?

A school residential is a unique opportunity for children to build resilience and bravery.

The most amazing achievements and memories are made that we could never offer in school.

We all have our Carroty Wood challenge-

- ✓ Identify what it is
- ✓ Work out how to tackle and overcome it
- ✓ Apply this success to future challenges



Accommodation The Lodge

Upstairs-
En-suite
bedrooms

Downstairs-
Common room,
Kitchen,
Dining area



- Bedrooms sleep between 2 & 5
- We will ask children for a list of names to help allocate rooms
- Children will find out who they are sharing with when they arrive



Accommodation

Camping

- 2 person tents
- Located on the field behind the lodge
- Toilet block for night use



Activities: High Ropes



Activities: High Ropes



Activities: Low Ropes

On the second day of the trip, the whole group complete the low ropes course together.



Activities: BMX Riding

Racing or precision cycling round a range of different tracks



Activities: Canoeing



Activities: Canoeing



Food



Catering

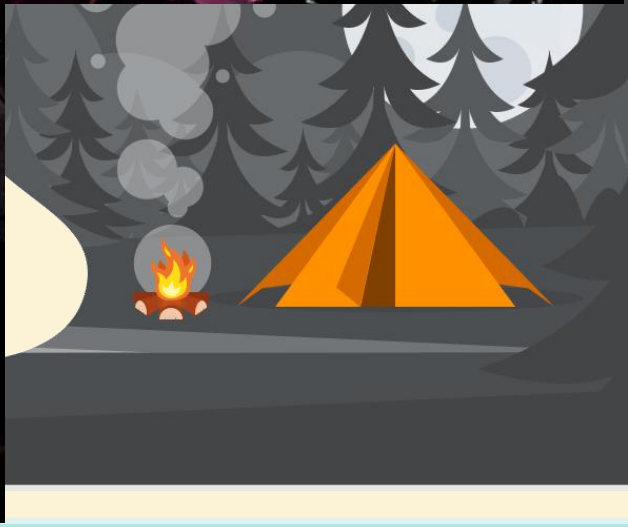
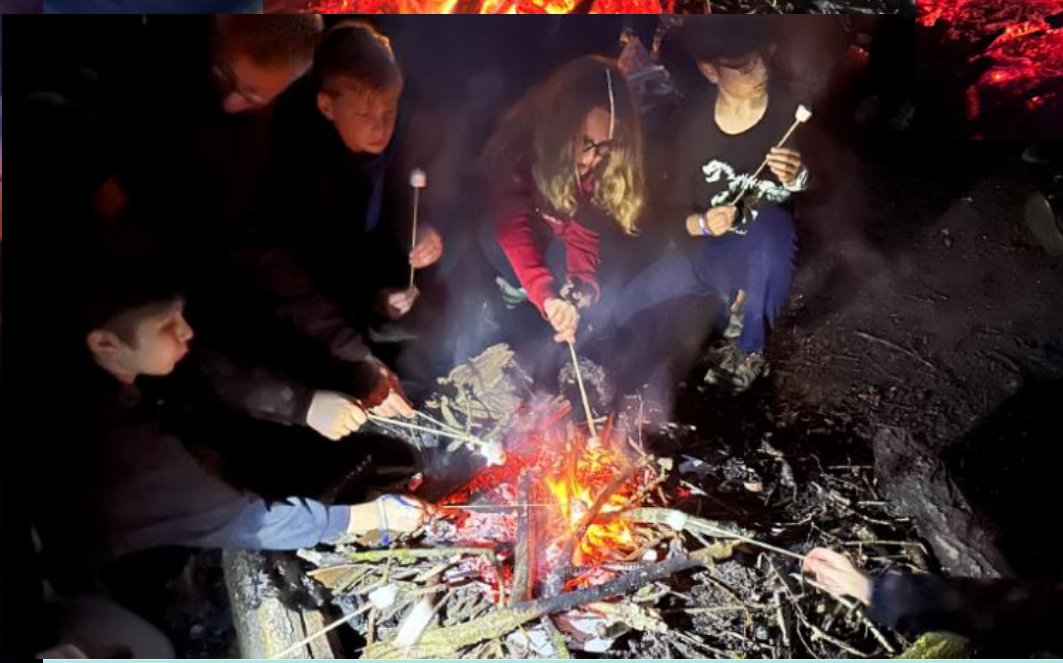
- Ms Mariner has catered this trip for over 17 years now. She holds relevant qualifications and is very mindful of allergies, as well as genuine dislikes
- The children will have 3 meals per day, snacks and unlimited drinks. No child has ever left hungry!
- Please do NOT send your child with any sweets or snacks, we cannot monitor the wildlife that easily seeks out food!
- Please remember to send your child with packed lunch in a named lunch box for day 1 as this will be refilled for their final day
- Please email Ms Mariner with any concerns on link@mgjs.org



Fish & Chips



Campfire



Swimming



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Group A Arrive at school normal time Coach leaves school by 12pm</p>	Breakfast (8 am)	Breakfast (7.30 am)	Breakfast (8am)	Breakfast (7.00 am)
	<p>9.00- 10.30am Low Ropes (Everyone)</p>	<p>Group B Leave school between 10.30 and 11.00 am</p> <p>10-11/11-12 am Swimming (Everyone) Tuck shop</p>	<p>9.00- 10.30am Low Ropes (Everyone)</p>	<p>Take down tents Clear rooms 9.15-10.15/10.15-11.15 am Swimming (everyone) Tuck shop</p>
<p>LUNCH (own packed lunch)</p>	<p>11 - 12.45 pm Group 1 - High Ropes Group 2 - BMX Group 3 - Canoeing</p>	<p>LUNCH A&B together! (Gp B - own packed lunch)</p>	<p>11 - 12.45 pm Group 1 - High Ropes Group 2 - BMX Group 3 - Canoeing</p>	<p>LUNCH (12 - 1)</p>
<p>Campers set up tents Lodgers make beds etc</p>	LUNCH 1 pm - 2.15pm	<p>Group A return to school Group B get settled in tents and lodge</p>	LUNCH 1 pm - 2pm	<p>Group B Return to school for normal time.</p>
<p>1.30pm-3.30pm Use of Sports Field/Woodland FREE TIME</p>	<p>2.15pm-3.30pm Free Time</p>		<p>2pm-3.30 Free Time</p>	
<p>BREAK & Snack</p>	<p>BREAK & Snack</p>	<p>BREAK & Snack</p>	<p>BREAK & Snack</p>	<p>SLEEP ALL WEEKEND!!!</p>
<p>4pm - 5.45 pm Group 1 - Canoeing Group 2 - High Ropes Group 3 - BMX</p>	<p>4pm - 5.45 pm Group 1 - BMX Group 2 - Canoeing Group 3 - High Ropes</p>	<p>4pm-5.45 pm Group 1 - Canoeing Group 2 - High Ropes Group 3 - BMX</p>	<p>4pm - 5.45 pm Group 1 - BMX Group 2 - Canoeing Group 3 - High Ropes</p>	
<p>7.30 DINNER</p>	<p>7.30 DINNER</p>	<p>7.30 DINNER</p>	<p>7.00 DINNER</p>	
<p>Free Time</p>	<p>Campfire</p>	<p>Free Time</p>	<p>Campfire</p>	
<p>BED</p>	<p>BED</p>	<p>BED</p>	<p>BED</p>	

Travel: Day 1 Monday (A) OR Wednesday (B)

BOTH DAYS:

- Children need to arrive at school at normal time via the Greenfields Road gate.
- Goodbyes at gate and then head to the year 3&4 playground with bags
- Register as normal and pre-trip activities

MONDAY - Group A:

- Coach leaves school by 12pm.
- Arrive at Carroty Wood between 12.45 - 1pm.

WEDNESDAY - Group B:

- Coach leaves by 11am
- Arrive at Carroty Wood between 11.45 - 12pm.

Staff at Carroty Wood all week: Mrs Moore, Miss Lawson, Mr Newell

Ms Mariner, Miss O'Driscoll

Mon-Weds: Mrs Scales & Miss Bennett

Weds-Fri: Miss Seldon & Mrs Constable

Coming home...

- Children arrive back at school at approximately 2.30pm, where they will leave the coach and go onto the field by the Greenfields Road gate.
- Once they have all their belongings the children can be dismissed to a parent/carer from the Greenfields Road gate.
- If, for any reason, we are late returning, the school will make contact with you to let you know.



Kit list: hand luggage

A small bag/rucksack, to take on the coach

This should contain:

- Packed lunch for arrival day
- **This should be in a named lunch bag/box, which will be refilled on departure day**
- Book and small game for coach journey and downtime whilst at Carrot Wood (optional)
- NO electronic games or anything valuable
- Refillable water bottle (NOT GLASS)
- Named purse/money wallet with tuck shop money (optional) to be handed to teacher on arrival at Carrot Wood - more on the tuck shop later on.

ASTHMA PUMP -if required

Kit list: main bag

Please try and use a soft sports holdall, rather than a hard suitcase as it will be stored in the room and there is not much space.

Your child will need to carry their own bag from the coach and into their tent/room.

Items to include:

- 3 x extra heavy-duty bin bags- clearly named (for muddy/wet clothes - sorry!)
- 2 pairs of shoes, e.g. old trainers (3rd pair is advisable if possible) **NO SANDALS**
- 1 x Waterproof (not just showerproof) coat
- 2 x WARM jumpers e.g. fleece, sweatshirt
- 1 x old tracksuit, shorts, t-shirt for canoeing (this will get wet and muddy)
- Toiletries - including sun cream, toothbrush, hairbrush, shampoo, body wash, deodorant (roll on only) etc.
- 2 x Towels (one for washing, one for canoeing)
- WARM nightwear and dressing gown or oodie (it does get cold-brrrr!)
- School swimming kit (not Bermuda shorts) including a swimming hat
- Torch
- Camera (optional) - cheap and named
- Hats - Sun hat for day and a woolly hat for the evenings

Kit list: for campers only

In a second holdall or large heavy duty bin liner (clearly named) please pack your child a sleeping bag, small blanket, and pillow.

All items need to be clearly named.

Kit list: **Prohibited Items**

Electrical games or electrical items for example: iPads/Tablets, hair dryers, etc.

Aerosol sprays

Food types of any sort (apart from day 1 packed lunch) - all food is provided

Nut products (including Nutella - this one often catches people out)

No mobile phones or cellular smart watches

Medical Information

- If your child requires medication whilst they are at Carroty Wood, you must come into school via the Greenfields Road gate on arrival day and head towards the medication table, which will be situated just inside the gate
- Please bring with you a completed medical form and labelled medication.
- **A member of staff** will then go through the form with you and put medicine into the medical box
- **Monday - Mrs Scales** and **Wednesday - Mrs Constable**
- When your child is dismissed on departure day, medication will be handed back to you by a member of staff
- If you require more than one form, please let us know and we can provide more
- Children with asthma will need one named pump (to be carried by them) and a second named pump to be stored in the medical box.

Tuck shop

- Children can visit the tuck shop on departure day
- No specified amount but children are limited to how much they can spend on sweets/crisps and fizzy pop - 1 confectionary item and 1 can of drink each
- Most of the souvenirs are under £5, most expensive item is £7.50 for a baseball cap
- All cash needs to be in a named purse/wallet or envelope/money bag and in their small coach bag. Upon arrival at Carroty Wood, this will be collected by an adult and given back to your child when we visit the tuck shop





Rock Shop PRICES



Confectionery & Drinks

CHOCOLATE BARS

SWEETS

CANS OF DRINK

£1.00

Crisps

PRINGLES

£1.00

Cuddly Toys

Hedgehogs / Squirrels / Bunnies
Bears with Rucksack

£6.00

Bucket Hat / Baseball Cap

£7.50

Rock UK items

BADGE: Circle Eco-Plastic Button	£1.00
BAG: Drawstring	£3.00
BAG: Cotton Drawstring	£5.00
BENDY MEN	£2.00
BALLS: Bouncy	£1.50
BUGS: Bees / Squirrel / Ladybird	£1.00
CRAYONS: Stackable	£1.00
ERASER: Recycled Chunky	£1.00
FANS: black	£4.00
FRISBEE: orange	£3.50
HIGHLIGHTER: Splat	£1.50
HIGHLIGHTER: Recycled Bottle	£3.00
KEYRING: Compass - all colours	£2.50
KEYRING: Soft PVC Keyring - ALL varieties	£2.00
KEYRING: Recycled Biodegradable Plastic	£1.50
KEYRING: Teddy Bear with T-Shirt	£6.00

Rock UK items

MAGNET: Soft PVC Magnet - ALL varieties	£2.00
MAGNET: Wooden Fridge Magnet	£2.00
MAGNET: Circular Recycled plastic	£1.50
NOTEPAD: Recycled Notepad and pen sets	£5.00
PENS	£1.00
PENCILS	£0.50
PONCHO: clear plastic	£1.00
RAINBOW SPRING	£2.00
RULER: 30cm Wooden	£2.50
SHARPENER: Single Sustainable Wood	£1.50
SHARPENER: Coloured	£1.00
SNAPBANDS: Silicone	£4.00
SUNGLASSES: Childrens	£3.50
TOOTHBRUSH: Bamboo	£5.00
TORCHES: LED	£3.50
TORCHES: Dynamo	£5.00
TROLLEY COIN	£1.50
WALLETS: all colours	£3.50
WATER BOTTLE: ECO Finger Grip (500ml)	£3.00
WRISTBANDS: Rock UK	£1.00
YOYO: Wooden	£5.00



Consent Forms

- Microsoft consent forms will be emailed out by the end of this week
- Please complete these forms *ASAP* so we can organise groups and food - we need plenty of time to be able to complete this
- Outstanding balance to be paid *ASAP*

