

Reigate & Redhill Live At Home Scheme

The scheme offers services and support to help older people lead independent, active and fulfilled lives and to live securely. We aim to help you maintain your independence while offering opportunities for support and advice when you need it. We have services to support you in your home, as well as group activities in a place where you can be welcomed, and be among friends. The Reigate & Redhill Live At Home Scheme offers services across the Reigate, Redhill, Merstham and Horley areas. You can choose the services that best suit you and staff and volunteers will always be here to help. These services aim to relieve social isolation and encourage older people to take an active part in the community in which they live in. The services available are:

- Visits to members in their own homes
- Day centres every Wednesdays (Redhill and Horley)
- Coffee mornings
- Assisted shopping
- Social outings
- Day trips
- Annual holiday
- Quarterly newsletters
- Advice and information
- Advocacy

A charge is made for activities.

Live At Home in Horley has been open at Regents House Community Centre for over 4 years. It has close links with Meath Green Junior School, as the Year 6 students visit the members to learn about their Wartime Memories as part of their curriculum on the WWII topic. There are many other various weekly activities including; music, craft making, bingo, quizzes, exercise, food tasting and guest speakers.

“The Live At Home scheme means for me, friendship because I live alone and need to meet other like-minded people and to chat with them.” Member, Reigate & Redhill L.A.H.

We currently have over 109 members and 115 volunteers.

To find out more information please contact 01737 780610 or email tanyalah@tiscali.co.uk for more details on becoming a member or a volunteer.