

MEATH GREEN JUNIOR SCHOOL



Intimate and Personal Care Policy

Governor Committee Responsible:	Full Governing Body
Governor Signature	
Policy Originator:	Headteachers
Review Period:	Every Two Years
Status:	Recommended
Reviewed:	Autumn Term 2021
Next Review Date:	Autumn Term 2023

Meath Green Junior School

Intimate and Personal Care Policy

Rationale

All children have a right to safety, privacy and dignity and are entitled to respect and privacy at all times.

Occasionally a child who attends Meath Green Junior requires some help and support with intimate and personal care including toileting, medical care, feeding, drinking, dressing, undressing and washing. Very occasionally a child is completely dependent on adults for all aspects of their intimate and personal care. Nonetheless, it is essential that intimate and personal needs should be met whilst at the same time allowing the highest standards of safety, privacy, respect and dignity to be maintained. All children dependent on their abilities, age and maturity will be encouraged to act as independently as possible.

The nature, circumstances and context of the contact that adults have with children should comply at all times with professional codes of practice and professional standards. Adults need to be vigilant about their own behaviour, ensure they follow agreed guidelines and policies and be mindful of the needs of the children with whom they work.

Children who require help and support with intimate and personal care must have an Intimate/Personal Care Plan which is agreed with parents/carers and be regularly reviewed. Children's views should be actively sought wherever possible.

Procedures

SENCo is responsible for formulating the Intimate Personal Care Plan with Parent/Carer and key school staff and will oversee and review its implementation.

All adults at Meath Green Junior will

- Adhere to this policy and to Individual Personal Care Plans
- Make other staff aware of intimate and personal care tasks being undertaken
- Explain to the child what is happening
- Discuss with member of the leadership team and parents/carers any variations from the agreed policy or plan and record this
- Ensure that changes to the agreed individual plans are discussed, agreed and recorded
- Avoid any physical contact when children are in a state of undress
- Avoid any visually invasive behaviour

- Announce their intention of entering changing rooms e.g. at the swimming pool, toilet areas
- Encourage appropriate behaviour by children with other children and adults at all times
- Behave appropriately with children at all times
- Ensure that toilet doors are closed when children are using these facilities
- Use and encourage appropriate language between themselves and children at all times

Adults at Meath Green Junior will not

- Change in the same place as children
- Shower or bathe with children
- Assist with any intimate or personal care task which a child can undertake by themselves
- Engage in inappropriate physical behaviour with children

Appendix 1 – Personal Care Plan Template

Headteacher.....Date.....

Chair of Governors.....Date.....

This policy will be reviewed every two years.

Meath Green Junior School

Intimate/Personal Care Plan

Child's Name	Date:
Main areas of need: <ul style="list-style-type: none">•••	
Toileting plan:	
Dressing/undressing plan:	
Medical plan:	
This plan was written by _____ on _____ Agreed with parents/carers on _____ Child's views were sought for this plan on _____ (if not, why not) Signed Date	

